

Breakfast Menu



Chilled Orange Juice

A selection of breakfast cereals and porridge*
(*Available as gluten free or vegan upon request)

To order from the kitchen...

Fresh fruit with natural yogurt (v,g)

A Full Welsh Breakfast...

Grilled Welsh pork sausage, grilled local organic bacon, sautéed mushrooms,
grilled tomato and fresh Capel Cowin free range eggs cooked to your liking...
either poached, fried or scrambled

Meat Free Breakfast (v)...

Sautéed Mushrooms & Spinach, grilled tomato
and fresh Capel Cowin free range eggs cooked to your liking...
either poached, fried or scrambled

Scrambled Eggs & Smoked Salmon

Served with toasted muffins

Selection of fresh handmade toast & preserves

Fresh ground coffee

Or

Tea...

Traditional, Earl Grey, Green Tea,
Peppermint, Jasmin, Camomile, Decaf