

Breakfast Menu



Hot drinks

Fresh ground coffee

Tea...please choose from:

English Breakfast Tea, Earl Grey, Green Tea, Peppermint, Jasmin, Camomile, Decaf

On the breakfast table

Please help yourself to the following...

Chilled Fresh Juices

Fresh fruit & yoghurt (V)

A selection of breakfast cereals (V) (G)

A selection of spreads & preserves to accompany your toast (V) (G)

FOOD ALLERGIES & INTOLERANCES

Before ordering, please speak to our staff about your requirements, most dishes can be adapted to your requirements

(V) suitable for vegetarians (G) suitable for a gluten free diet, with adjustments, upon request

Breakfast Menu



To order from the kitchen...

Porridge (V) (*available as gluten free or vegan upon request)

Traditional Welsh Breakfast

Welsh pork sausage, Eynon's organic bacon, grilled mushroom, grilled tomato

Meat Free Breakfast (V)

Quorn sausage, sautéed halloumi, sautéed mushrooms & spinach, grilled tomato

served with your choice of fresh Capel Cowin free range eggs...poached, fried or scrambled (V)

Eggs Benedict

English muffin, bacon, poached eggs, hollandaise sauce

Eggs Florentine (V)

English muffin, spinach, poached eggs, hollandaise sauce

Eggs Royal

English muffin, smoked salmon, poached eggs, hollandaise sauce

American Pancakes with Maple syrup & bacon

Three egg omelette with chestnut mushrooms (V)

Boiled eggs with soldiers of course! (V)

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