



Breakfast

To begin (please order from the kitchen)...

Fresh fruit, yogurt & granola v

To follow...

Traditional Welsh Breakfast

Welsh pork sausages, Eynon's organic bacon, sauteed mushrooms, grilled tomato, baked beans, laverbread hash brown, served with Fforest Isaf free range eggs cooked to your liking

Welsh meat-free Breakfast vg

Sauteed halloumi, sauteed mushrooms with spinach, grilled tomato, baked beans, laverbread hash brown, served with Fforest Isaf free range eggs cooked to your liking

Eggs Royal

English muffin, smoked salmon, poached eggs, hollandaise sauce

Eggs Florentine v

English muffin, spinach, poached eggs, hollandaise sauce

Eggs Benedict

English muffin, grilled bacon, poached eggs, hollandaise sauce

Boiled Eggs & soldiers vg

Two eggs boiled to your liking, buttered soldiers

Porridge with local honey v

Fresh porridge, local honey & fresh fruit

Served with a selection of Joe's Teas & freshly brewed coffee and a selection of toast

Please notify us in advance of any dietary allergy requirements

v - suitable for a vegetarian diet g - suitable for a gluten free diet with gluten free substitutions

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